



Nail Procedure Post-Operative Instructions

You may remove the bandages 24 hours after the procedure. It may be helpful to soak the bandages in warm water prior to removal.

Once the bandages have been removed, soak the foot in warm water with mild soap 10 minutes two times per day.

After soaking, apply antibiotic drops/ointment to the surgical site, or Silvadene if prescribed, and apply a light gauze dressing or band-aid.

Following a nail procedure, you may have prolonged drainage from the toe. The average drainage time for a partial nail procedure is three weeks and six to eight weeks for a total nail removal.

Most patients experience minor discomfort following a nail procedure. If you do experience pain, elevate your foot and take acetaminophen (Tylenol®) or ibuprofen (Motrin®, Advil®), one to two tablets every four to six hours as needed.

Schedule a follow-up appointment one or two weeks after your surgery according to your physician's recommendations.

Please Call if...

You experience:

- Increased redness at the surgical site,
- Increased swelling at the surgical site,
- Increased or foul-smelling drainage from the surgical site,
- Increased pain at the surgical site,
- Temperature over 101° F

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